



## URGENT: Food Bank Donations Needed

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Aboriginal Front Door Society has completely run dry of certain products and needs the help of kind individuals and organizations for donations. Aboriginal Front Door Society is a frontline organization that assists people in the Downtown Eastside of Vancouver. These people are affected hit by the mercilessness of the current pandemic effects of Covid-19.

The items which are desperately needed are

- **Sugar**
- **Four**
- **Coffee**
- **Coffee Mate**
- **Baking Powder**
  - **Yeast**
- **Hamburger**
- **Stew Meat**
- **Hot Dogs**
- **All sorts of snacks**
  - **Chips**
- **Vegetables for Soup**
  - **Soup Mix**
  - **10oz Cups**
  - **Plastic Cutlery**
- **Large and Medium Gloves**
  - **Face Masks**

Aboriginal Front Door Society Food Bank also gives out toothpaste, toothbrushes, shower gel, sanitary products, deodorant, shampoo, conditioner, toilet paper, and other essential products as we serve the cities most vulnerable population.

This necessary service has faithfully served those in crisis for years. It is now the Food and Community Hub and offers more help than just food.

The new service offers internet access for online accounts and job seeking, and the Aboriginal Front Door Society supplies free tea, coffee, snacks and a place to sit and chat.

### **TO ACCESS THE FOOD BANK:**

Aboriginal Front Door Society makes up 1 meal a day during weekdays. Aboriginal Front Door Society offers this free service to all in need, at 384 Main Street, Vancouver, just off Hastings Street, between 8Am to 4pm Monday- Friday.

### **TO DONATE:**

Please refer to the list for the most needed products. Your donations will help feed those who have nowhere else to turn.

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